

Buzz!



PLANT FOOD

Protein is good for us but not if we're getting it from red meat all the time. With the growing shift towards alternative protein sources that are less straining for the environment, plants are increasingly seen as an alternative. But do they taste any good? The Novotel Singapore on Stevens believes so, which is why it's introducing new vegan options to its regular menus. Its scrambled 'eggs' are made from JUST Eggs – comprising mung beans, turmeric and canola oil, with more protein and iron than regular eggs. Beyond Meat – comprising pea protein and canola oil – as well as the similar pea-based Omnipork, are served in the form of burgers at the restaurant Winestone or stir-fried with Thai basil in the hotel's all day dining eatery. Who knows - you might just be a convert. ~ *Jaime Ee*



RISING STAR

Don't believe the reality singing competition hype because even though Glen Wee finished outside the top three on *The Final One*, he's the winner in our eyes. The Singapore-born, Melbourne-based singer-songwriter has just released his major label album *Sounds in the City* and it's an impressive debut to say the least.

Rooted in folk with a touch of blue-eyed soul and old school blues, Wee's music comes across like the lovechild of Damien Rice and Sam Cooke. He says, "I like to think of the album as a little log book – a log book of all my trials in this wonderful, continuous journey called life...." His fans will definitely want to follow his journey too. ~ *Dylan Tan*

Sounds in the City is available to download and stream on all digital platforms. For more info, check @glenweemusic on Facebook and Instagram.



ART GIANT REMEMBERED

Cheong Soo Pieng (1917 - 1983) was one of the most important artists of his generation. His long and rich legacy is recalled in this showcase of works that explores more deeply his approach to composition and materiality.

Through 52 paintings, sculptures and works on paper which feature Chinese ink, oil, and metal amongst other materials, one can appreciate how Cheong consistently found ways to adapt and innovate prevailing artistic lexicons to suit his Chinese and South-east Asian sensibilities.

The results are typically fresh and nuanced, underscoring why so much of his practice remains relevant to art historians, and why collectors continue to clamour for his works. ~ *Helmi Yusof*

LEGEND REBORN

Omega got watch geeks all over the internet excited when it announced the reboot of its iconic Calibre 321 earlier this month. The chronograph movement has been a fan fave since the 1940s and continues to be highly sought-after by collectors after production stopped more than half a century ago.

Known for its intricate design and technical feat of using a monobloc column-wheel, it became the first movement ever used in the Omega Speedmaster in 1957. Calibre 321 also powered a variety of models including the Speedmaster ST 105.003 (the model first tested and qualified by NASA and worn by astronaut Ed White during the first American spacewalk) and the Speedmaster ST 105.012 (the first watch worn on the moon). A team of experts worked over two years in secrecy under the codename Alaska 11 to bring this reboot

